

Aromatic and Herbs, Steni Dirfyos

38.581639,23.837953
38.5820921, 23.8383402



Evia is rich in flora, especially at the top of the mountains there are varieties of aromatic plants and herbs. Herbs have been used as part of daily food to give their wonderful taste and aroma, as well as their therapeutic properties. Evias local traditions provide valuable insights and information on the use and processing of herbs and herbs. In recent years, more and more young people have trusted and adopted them in their daily lives as they have identified their beneficial and tasty influence. The typical aromatic plants and herbs of the region are mountain tea, oregano, sage and fennel seed (this is a systematic cultivation).

Overview

Country:Greece

