

# Pita of Epirus

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Like the rest of Epirus, a large part of Ioannina's local cuisine consists of scrumptious, hand-made pies known as pites. And Ioannina is known as the pita-making capital of Greece, with families passing on recipes from generation to generation. Though Epirotes throughout the area have found a way to stuff pita with just about any filling, Ioanninans have a preference for hortopita (pie filled with wild greens), tiropita (cheese pie) and the sweet pies known as galatopita (milk pie) and karidopita (walnut pie).

## Overview

Country:

