

Trachanas of Epirus, Vissani

39.946404, 20.535132

39.9460149, 20.5354768



Trachanas, made from milk and either flour or cracked wheat, is produced in small cottage industries or homes. Trachanas with shredded feta makes a splendid soup, a comfort food for those chillier days. If you find yourself near Arta, head to the tavernas in the area Koronisia, with a view overlooking the Amvrakikos (Ambracian) Gulf, where you can sample local eel roasted on a ceramic tile with tomato and onion.

Overview

Country:

