Restaurant Tradita Tropoje

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Boiled Maza is an old tradition plate of Northern Albania. In early times, this recipe was kept secret by the elderly women of the family and passed on to the eldest bride. The boiled meat was cooked only for the most relevant guests visiting home. Nowadays, this unique northern Albanian cooking is one of the main specialties of traditional Albanian restaurants. Full in taste, great thanks to the combination of milk ice cream with corn flour. This cooking has completely captivated every tourist who has tried it. Boiled maza is not only a very tasty and complete food but above all its recipe carries many health benefits. This recipe is rich in nutrients, protein, fiber and calcium.

Overview

